了

Subj. + [Verb Phrase] + 了

"already" is implied by using 了

* He has (already) eaten ice-cream.
* Mom (already) knows.
* I am (already) tired.
* He has already had a girlfriend.

.

不 + [Verb Phrase] + 了

我不想吃了 。Wǒ bù xiǎng chī le.

你不喜欢我了吗？Nǐ bù xǐhuan wǒ le ma?